

# Polysomnographic Technician & Technologist



## What do they do?

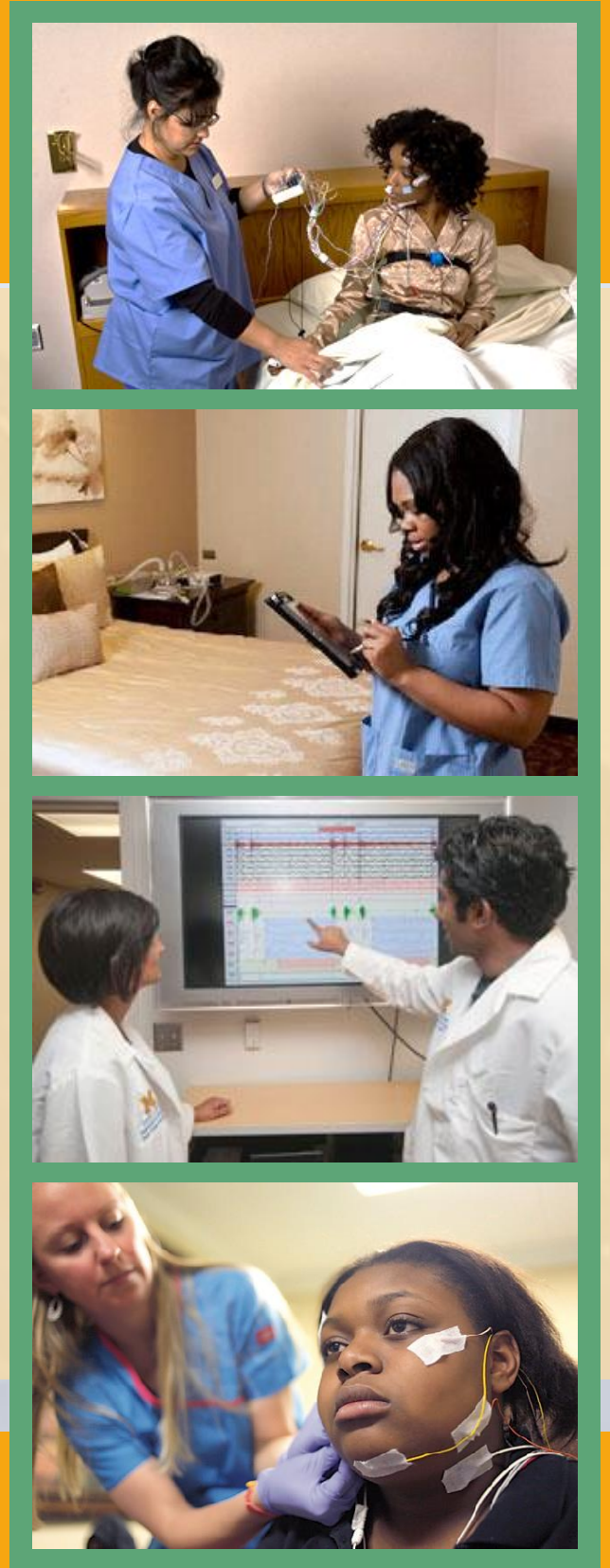
Polysomnographic Technologists and Technicians work as part of a team under the supervision of a physician, and assist in the evaluation and treatment of sleep disorders in patients of all ages. Technicians have less training and may work under the supervision of a Technologist.

## Where do they work?

Most Polysomnographic Technologists and Technicians work in sleep disorder centers, which might be independent, or part of a larger hospital.

## Pay:

According to the U.S. Bureau of Labor Statistics, the average yearly income for all Health Technologist and Technicians, which would include Polysomnographic Technology, is \$52,330.



## Education:

A two-year associate's degree is required to become a Polysomnographic Technologist or Technician.

### Polysomnographic A.S. degrees in the Midwest:

Moraine Valley Community College (IL):  
[www.morainevalley.edu](http://www.morainevalley.edu)

Baker college of Flint (MI):  
<https://www.baker.edu/campuses/michigan/flint>

Minneapolis Community and Technical College (MN):  
<https://www.minneapolis.edu/>

High School students interested in Polysomnographic Technology should take classes in biology, anatomy & physiology, math, and health related classes.

## Certification:

The Board of Registered Polysomnographic Technologists (BRPT) administers exams for the following certifications in Polysomnographic technology.

Certified Polysomnographic Technicians (CPSGT): 75 multiple choice questions.

Registered Polysomnographic Technologists (RPSGT): 200 multiple choice questions .

[www.brpt.org](http://www.brpt.org)



## Accreditation:

Education programs for Polysomnographic Technology are accredited by the Commission on Accreditation of Allied Health Careers:

[www.caahep.org](http://www.caahep.org)



## Professional Associations:

Polysomnographic Technologists and Technicians can join the following professional associations:

American Academy of Sleep Medicine (AASM):

[www.aasmnet.org](http://www.aasmnet.org)

American Association of Sleep Technologists (ASST):

[www.aastweb.org](http://www.aastweb.org)



## Potential for Advancement:

A Polysomnographic Technologist who would like to gain another certification can seek the Certification in Clinical Sleep Health (CCSH) through the Board of Registered Polysomnographic Technologists (BRPT)

[www.brpt.org](http://www.brpt.org)

This credential is an option for healthcare providers who work directly with sleep medicine patients and practitioners. This certification is those with either, 1) A bachelor's degree and at least 1,000 hours of experience in clinical sleep health, or, 2) an approved healthcare credential or license and an associate's degree or above.

## Job Outlook:

According to the U.S. Bureau of Labor Statistics, employment for health technologists and technicians are expected to increase 13 percent between 2016-2026, which is much faster than the average across all occupations.

Bureau of Labor Statistics, U.S. Department of Labor, *Occupational Outlook Handbook, 2017-18 Edition*, Medical and Clinical Laboratory Technologists and Technicians,  
[www.bls.gov/ooh/healthcare/medical-and-clinical-laboratory-technologists-and-technicians.htm](http://www.bls.gov/ooh/healthcare/medical-and-clinical-laboratory-technologists-and-technicians.htm)

